

## Camden Health Inequalities Forum Bulletin

The Camden Health Inequalities Forum (HIF) is run as a partnership between the voluntary and community sector, NHS Camden and L.B. Camden to contribute to tackling health inequalities and reducing the gap in morbidity (disease) and mortality for residents.

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<http://www.vac.org.uk/networks/health-inequalities/>

Previous Health Inequalities Bulletins are available on the website

### Camden Health Inequalities Forum meetings 2011

Camden Health Inequalities Forum meetings 2011 will be held at Voluntary Action Camden, 293-299 Kentish Town Road, London. NW5 2TJ, between 10-1pm on the following dates:

- Monday 14<sup>th</sup> March
- Tuesday 14<sup>th</sup> June
- Wednesday 14<sup>th</sup> September
- Thursday 15<sup>th</sup> December

### Camden Sports Academy Coach Development [www.camden.gov.uk/olympiclegacy](http://www.camden.gov.uk/olympiclegacy)

Camden Council has developed 12 legacy projects to ensure that the London 2012 Olympic and Paralympics Games are used as a catalyst to improve the lives of people living and working in the borough. Three of these projects focus on sport, these projects are the Camden Sports Academy, School and Community Games and the Pro-Active Camden Ambassadors.

The Camden Sports Academy is an opportunity to develop sport in the Borough. Bringing together existing and new resources will enable Camden to provide new opportunities for participating, competing and excelling in sport, especially for children and young people. The Academy will support the following areas: talent identification, club development, coach development, competition, volunteering and school club links.

Coach development and coach support will be provided by offering financial grants towards the cost of coach education courses. In order for coaches to be eligible to apply for funding they must meet the following criteria:

- Work at a Camden club or school

- Be committed to coaching in a school or club in the borough for the next six months
- Have attended or make a commitment to attend a child protection and first aid course
- All applications must be supported by a club/school/community group representative

The funding available is

Level 1 course – maximum of 75% of the course fee up to £150

Level 2 course – maximum of 60% of the course fee up to £300

Level 3 course – maximum of 50% of the course fee up to £400

In return for the funding all coaches will be asked to complete 15 voluntary hours, this would be either at your local club/school/community centre or through the Camden Sports Academy.

Applications can be received through out the year, funding will be allocated in December and March. Each application will be assessed individually.

For further information contact Isabel Beesley, Culture and Sport, 7th Floor, Town Hall Extension, Argyle Street, London, WC1H 8EQ Phone: 020 7974 2968 Email: [Isabel.beesley@camden.gov.uk](mailto:Isabel.beesley@camden.gov.uk)

### **Alcohol workplace training**

Alcohol workplace training is intended for workplace roles who work with or are responsible for employees who may be drinking at risky levels and could benefit from brief advice, support or onwards referral. Suitable roles or departments might include:

- Occupational Health
- Employee assistance programmes or support workers
- Union representatives
- Managers of safety critical roles
- Other health or safety roles or organisations including emergency services
- Human Resources and other management roles responsible for employee health and wellbeing

The main training option is a half-day session which gives participants the knowledge and skills to understand alcohol use and harms and how to deliver 'Identification and Brief Advice' (IBA). A shorter 1.5 hour training option may be offered which will cover basic alcohol awareness and the simple principles of responding to alcohol misuse though an 'IBA lite' approach.

There is no cost to your organisation though non-attendance may result in a fee. Organisations are expected to provide the training venue and organise attendance. Participants are required to complete 2 short-online surveys before and after the training, which take approximately 5 minutes each to complete.

If you or your organisation is interested in receiving 'Alcohol workplace IBA training' please email [Sundra.Singam@Camdenpct.nhs.uk](mailto:Sundra.Singam@Camdenpct.nhs.uk) or call on 020 3317 3698.

*The training is being provided as part of a research project to explore the effectiveness of addressing alcohol misuse within workplace settings. It is being delivered to organisations in North London and is funded by the regional Department of Health group.*

<b>Spending review: quick summary of points for the Voluntary and Community Sector - Briefing by Camden Community Empowerment Network</b>
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- Council budgets reduced by 7.1% every year for 4 years. Ring-fences on government revenue grants to be removed, apart from schools and public health, giving more freedom on where to spend what's left.
- There will be an estimated 490, 000 fewer public sector jobs in 4 years time.
- Office for Civil Society has announced £100m one year transition fund for voluntary and community sector organisations. Likely to be for organisations with income between £50k and £10m that have good prospects for delivering public services. 5 partners, including Community Development Foundation (to be unquangoed and become a charity) and Big Lottery Fund are being assessed to deliver the fund. You can apparently email and find out more about this [transitionfund@cabinet-office.x.gsi.gov.uk](mailto:transitionfund@cabinet-office.x.gsi.gov.uk) but it wasn't working when I tried.
- Office for Civil Society budget will be £470m over the 4 years covered by the review. How much goes to the new National Citizen Service and to the proposed Community First Fund is not yet decided.
- Cabinet Office budget to be reduced by £55m but with extra (unspecified) funding for the Big Society – training 5,000 new community organisers and piloting the National Citizen Service.
- Train to Gain is described as a one of the 'lower priority' programmes that will be abolished (others aren't named).
- There will be a 50% increase in adult apprenticeships – 75,000 new ones over 4 years.
- Science budget is protected – relevant to Camden as £220m confirmed for the St Pancras UK Medical Research and Innovation Centre.
- Additional £1bn for adult social care by year 4 of review and a further £1bn through the NHS to support joint working with councils.

- Sure Start protected in cash terms but to revert to original purpose. 15 hours of free early years education to be available to disadvantaged 2 year olds.
- Cuts to Supporting People programme minimised (£6.5b committed for 4 years).
- Introduction over next 2 parliaments of a single Universal Credit to replace all working age benefits and tax credits. This will go alongside a new Work Programme providing intensive help to people looking for work – to be delivered by the private and voluntary and community sectors. Payment potentially related to resulting reduction in benefit claims.

Whitehall departments will publish business plans next month which will give more detail about where cuts are being

### **Quality Assurance Project**

Camden BME Alliance seeks to develop the capacity and sustainability of BMER voluntary and community organisations to deliver effective services to their communities. BMER organisations play a valuable role in supporting the large and diverse minority ethnic population in Camden. These organisations provide varied services and are at different stages of development.

The Quality Assurance (QA) Project will address the long term stability of the BME sector through intensive ongoing one-to-one practical support and mentoring to organisations with developing and implementing quality systems.

The project is targeting BMER community organisations small, medium and large providing intensive and general support. It aims to achieve the following outcomes:

- Increase the capacity and sustainability of BMER community organisations to deliver appropriate services to their communities
- Support small BMER community organisations to develop and implement relevant appropriate monitoring/quality assurance systems
- Enable BMER community organisations to work collaboratively (e.g. forming consortiums to bid for local public services)

The QA Project's strategy is to work in collaboration with Voluntary Action Camden (VAC) through picking-up different roles such as referring qualifying groups to the Quality Assurance project and CBMEA identifying training needs of groups that can be conveyed to VAC.

Small and Medium groups will be supported intensively to gain quality marks. This would need deep commitment by groups to demonstrate their willingness to implement quality assurance systems. Groups meeting the required eligibility criteria may qualify for a 50% subsidy in costs to gain a quality mark.

For more information, please contact Lucia Dube, Camden BME Alliance: Tel: 020 7388 6030 or email [QAProject@cbmea.org.uk](mailto:QAProject@cbmea.org.uk)

<b>Camden Active Health Sessions – the Try Swimming programme</b>
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These classes run throughout the year, without a break for school holidays except 2 weeks for Christmas the final 2 weeks of August. Prices range from £1.20-£1.50 per session (depending on site). You can just turn up on the day and ask for the Camden Active Health session at reception. Call or email for more information.

	Swiss Cottage Leisure Centre Adelaide Road, NW3 3NF	Kentish Town Leisure Centre, Grafton Road, NW5 3DU	Oasis Leisure Centre 32 Endell St, WC2H 9AG
Monday			
Tuesday	Water Exercise 12.00-12.45pm		
	Water Therapy 12.45-1.30pm		
Wednesday		Specialist Session* (cognitive) 6.00-7.00pm	Water Exercise 2.30-3.30pm
			Water Confidence Session 3.45-4.30pm
Thursday		Aqua Jogging 12.00-1.00pm	
Friday		Specialist Session* (mobility) 5.00-6.00pm	

Standard Entry	£2.80
Concession Entry (proof required) (age55+, benefits recipients, f/t students)	£1.50
Disability membership holders	FREE

\* Pricing for sessions at Kentish Town are as follows:

Standard entry (no membership)	£2.90
Standard concession (no membership)	£1.50
Any direct debit membership	free
Disability membership	free

## Refurbished PCs

Over the next 4 years Camden Council will be refurbishing all their PC's and from this comes some kit that is ideal for redeployment into the community. The Council would like to distribute these PCs to Camden's local Registered Charities and needy cases.

The Camden local Registered Charities or needy case needs to accept the kit and adhere to the conditions below and understanding that:

- It is not supported by Camden CICT at all throughout its life cycle
- If it develops a fault the recipient will seek alternative support at their costs
- If it becomes surplus to requirements the recipient will dispose of it
  - o At their own costs
  - o Following a WEEE Compliance Scheme
- It is the recipients responsibility to have it PAT tested yearly at their costs
- The recipient will organise and pay for the delivery and installation
- The recipient will manage, administer and be responsible for its usage
- The recipient will not sell or gift on this item

If you that meet the above criteria then e-mail [ian.lawrence@camden.gov.uk](mailto:ian.lawrence@camden.gov.uk) with details of your: Charity Name, Address where the kit will be located, and the amount of pc's required.