

Camden Health Inequalities Forum Bulletin

The Camden Health Inequalities Forum (HIF) is run as a partnership between the voluntary and community sector, NHS Camden and L.B. Camden to contribute to tackling health inequalities and reducing the gap in morbidity (disease) and mortality for residents.

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<http://www.vac.org.uk/networks/health-inequalities/>

Previous Health Inequalities Bulletins are available on the website

Voluntary and community sector review consultation event: 29th Sept 2010

Camden Council has been carrying out a review of how it supports and works with voluntary and community sector organisations in the borough. At the heart of this review has been a desire to better understand what impact the council has on how local organisations operate and deliver services, what we do well, what we don't do well, and how we can change things for the better.

You are now invited to a half day event to consider some emerging options for improving the council's offer to the sector and supporting it in a difficult financial climate.

Daytime session: Wednesday 29 September 9.00am – 2.00pm London Irish Centre
50-52 Camden Square NW1 9XB

Evening session: Wednesday 29 September 6.30 – 8.00pm Lumen URC 88 Tavistock
Place.WC1H 9RS

RSVP. To book your place please contact vcs@camden.gov.uk or ring 0207 974 6441

Time to Get Moving London - World Mental Health Day, 10th October 2010.

Time to Get Moving London is a flagship event created by Camden and Islington Councils, PCTs, Camden & Islington NHS Foundation Trust, mental health service users, Arsenal FC and the voluntary sector to create opportunities to get active and improve wellbeing on 10th October, World Mental Health Day.

Time to Get Moving London is a great way to end stigma and promote better wellbeing through getting active together. It's by mixing and getting to know one another that attitudes and prejudices about mental health are challenged. Time to Get Moving London will provide a variety of physical and social activities in the run-up to the day and, on 10th October, local leisure centres in each borough will be

opening their doors for people to try out a range of fun things to improve their wellbeing.

At the N1 Centre, Angel, a stage will feature local bands, celebrities and people with experience of mental health problems, highlighting why Time to Get Moving is important for wellbeing.

If your organisation would like to perform on stage, have a stall or display, or to be involved in any other way, contact Terry Hammond on terryhammond@me.com, or call 02380453297 / 07882325416. There is no charge, but places will be allocated on a first come basis so please don't miss out - contact Terry Hammond today!

Influencing Change – an introductory course. Autumn 2010

This Sheila McKechnie Foundation training is a four-day course spread over four months. The course focuses on how local authorities, Parliament and central government make decisions, and offers information and expert advice on how to influence them. For more information and to apply, email erin.turner@smk.org.uk

Low Vision Awareness Day – 8th September 2010, 10-2pm

Low vision is a visual impairment that cannot be corrected by spectacles, contact lenses, medicine or surgery, but limits a person's everyday activities such as cooking, reading and shopping.

People of African, African-Caribbean and Mexican descent have a higher than average risk of glaucoma under 60 years of age. People of South Asian, African and African-Caribbean descent have a higher than average risk of Type 2 Diabetes. This, as well as language and cultural barriers, leads to the risk of people from ethnic minority communities having an eye condition that causes low vision.

Find out more about low vision, low vision service, emotional support service and the range of free services offered by Action for Blind People and the RNIB to residents of Camden and Islington.

To book a place contact Charmaine Ulett-McCarthy on 020 7391 2022/2075 or Charmaine.ulett-McCarthy@actionforblindpeople.org.uk to confirm your attendance.

Lunch will be provided. Spaces are limited so please let us know if you will be attending.

Age Concern Camden dementia advice service.

Age Concern Camden has a new dementia advice service aimed at helping people with dementia – or who think they may have dementia – and their carers by providing information and signposting service. The service coordinator and a skilled

team of volunteers will provide a point of contact and support to people throughout their experience of dementia.

The service can work with people at any stage of dementia and cases are never closed. Anyone can refer someone else – or themselves – to the dementia advice service. If you're worried about your own memory, or if you are concerned about someone else, contact Kate Moffatt, dementia advice service coordinator on 020 3317 6655.

Equality Act 2010: What do I need to know?'

Equality Act 2010: What do I need to know?' is a series of summary guides and 'Quick Start' guides which set out clearly what the new laws will mean for business, the public sector, the voluntary sector and the public, helping people understand their new responsibilities and rights. For more information, visit: http://www.equalities.gov.uk/equality_act_2010/equality_act_2010_what_do_i_need_to_know_spx

Deaf people's mental wellbeing put at risk by lack of services

The results from the GP Patient Survey just released show that Deaf people are the most discriminated against and most deprived in the country. Crucially the mental wellbeing of the Deaf Community is far worse than the national average with 10% of Deaf people having a Psychological or Emotional Condition, compared to 6%. For the full press release from The British Society for Mental Health and Deafness (BSMHD) visit <http://www.bsmhd.org.uk/#1>